



MEMBERSHIPS	MINIMUM AGE	USA GYMNASSTICS BACKGROUND CHECK	U110: U.S. CENTER FOR SAFE SPORT COURSE	U101: SAFETY AND RISK MANAGEMENT COURSE	U113: SAFETY & RESPONSE POLICY COURSE	U112: TOUGH COACHING OR EMOTIONAL ABUSE COURSE	CONCUSSION EDUCATION ACKNOWLEDGMENT	U100: FUNDAMENTALS OF GYMNASSTICS INSTRUCTION COURSE	MEET DIRECTOR CERTIFICATION For Acrobatic and Women disciplines only
Competitive Coach	16	✓ 18+	✓ 18+	✓	✓ 18+	✓ 18+	✓ 18+	✓	
Judge	16	✓ 18+	✓ 18+	✓	✓ 18+				
Organizational Owner/ Managing Director	18	✓	✓	✓	✓	✓	✓		
Meet Director	18	✓	✓	✓	✓		✓		✓
Recreational Coach	14	✓ 18+	✓ 18+		✓ 18+	✓ 18+	✓ 18+		
Photographer/ Videographer	18	✓	✓						
Medical	18	✓	✓						
Volunteer	14	✓ 18+ [*]	✓ 18+						
Athlete	N/A		✓ 18+						

¹ An individual may hold more than one membership type.

² Additional education requirements may be needed based on the discipline that the coach or judge participates in.

^{*} A background check consistent with the USA Gymnastics background check policy must be completed for Volunteer members 18 years of age and older. [Click here](#) for the list of participants that have regular contact with, and authority over, minor athletes who are required to complete the U110: Safe Sport Course and background check.